

2nd Annual *Abundant Life*  
Conference for Women  
Smith Memorial Baptist Church

November 4-5, 2011

Smith Memorial Baptist Church  
6515 Richmond Road  
Williamsburg, VA 23188

*I came that they may have life,  
and have it abundantly.*  
-Jesus, John 10 :10

Smith Memorial Baptist Church  
6515 Richmond Road  
Williamsburg, VA 23188  
757-565-0476  
www.smithmemorial.org



## Abundant Life Conference for Women Registration Form

**Hotel Reservations:** Rooms can be reserved at the SpringHill Suites Williamsburg by Marriott, located at 1644 Richmond Road, for the conference rate of \$69 (suites with two queen beds & a sofa bed or one king & a sofa bed are available). Room reservations include a breakfast buffet on Saturday morning. Call the hotel at (757)941-3000 or (888)236-2427 to make your reservation. Mention the Abundant Life Conference for Women to receive the special conference rate. Reservations should be made by October 11.

A limited number of full (conference and hotel) and partial (conference only) scholarships are available. **To apply, write an explanation of why you should receive a scholarship in 100 words or less** and send it via email or postal mail (addresses listed on page 2) by August 1, 2011. Scholarship recipients will be notified by September 1, 2011. Be sure to include your name, address, and phone number.

## Break-out Sessions

(choose 1 topic for each session time)

### Friday

- Session I**     Forgiveness  
                   Solutions on Stress  
                   Making More Time

### Saturday

- Session II**     Fruit Development  
                   Solutions on Stress  
                   Fasting
- Session III**     Forgiveness  
                   Financial Fitness  
                   Everyday Witnessing
- Session IV**     Love is a Choice  
                   God in the Details  
                   Making More Time

We will be hosting a variety of vendors in support of the conference. Bring your Christmas shopping list to take advantage of the opportunities provided by the vendors.

Prescheduled vendors include:

- Arbonne
- Miche Bags
- Premier Designs
- Creative Memories
- Usborne Books & More
- Robin Bailey Jewelry & Apparel
- The Embroidery Connection
- Jewels by Design
- Tastefully Simple
- Thirty-One
- Mary Kay
- Avon



**Conference Co-Sponsors**

- Buttner Electric, LLC
- Cobb's Construction
- Brad Howe Photography
- Crossroad Custom Builders
- The Mole Hole of Williamsburg
- K. I. Heath Construction
- S A Seamon Concrete
- Toano Construction

<b>Registration Fee</b>	<b>Friday Only</b>	<b>Saturday Only</b>	<b>Both Days</b>
<b>Before September 1</b>	<b>\$19</b>	<b>\$39</b>	<b>\$49</b>
<b>Before October 1</b>	<b>\$24</b>	<b>\$44</b>	<b>\$59</b>
<b>After October 1</b>	<b>\$29</b>	<b>\$49</b>	<b>\$69</b>

Yes! I'm looking forward to an enriching weekend focused on living an abundant life!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

(for registration confirmation)

Website/Blog: \_\_\_\_\_

(for mutual promotion)

\_\_\_\_\_ Yes, I'd like to pre-order a t-shirt for \$10  
 (choose)  small  med  large  x-large  xx-large

\_\_\_\_\_ Yes, I'd like to pre-order an embroidered Bible cover for \$17.  
 (choose)  pink  red  purple  brown

\_\_\_\_\_ Registration Fee (check correct selection below)  
 Friday only  Saturday only  Both days

**Total enclosed: \$** \_\_\_\_\_

Make checks payable to:  
**SMBC**

**Mail Registration to:**  
 Abundant Life Conference for Women  
 P.O. Box 954  
 Toano, VA 23168

**If you have questions,**  
 call: 757-869-1605  
 or  
 email: [themommyanswer@verizon.net](mailto:themommyanswer@verizon.net)



**Register soon to get the  
 early-bird discount!**

# Breakout Session Descriptions

**Fasting:** Fasting is not focused on and taught widely throughout the contemporary church. However, it is spoken about frequently in scripture, and usually has awe-inspiring results. Learn more about how to fast, why to fast, and when to fast through this workshop.

*Led by: Tracy Wainwright*—Tracy is a writer and speaker who is passionate about sharing life experiences and encouraging spiritual growth through the written and spoken word, which she works in around her primary passions – her faith, her husband, and her four children, whom she homeschools.

**Fruit Development:** When we become Christians, God plants the seeds of the fruits of the Spirit in us. Why don't we experience them on a daily basis? Because fruit has to be developed. This workshop will help participants open themselves up to the work of the Holy Spirit to do this.

*Led by: Katina King*—Katina speaks at revivals, church services, youth rallies, and women's events. She currently leads a Wednesday night service at Crosswalk Community Church in Williamsburg, VA and is a wife and mother of two precious boys who are homeschooled.

**Forgiveness:** Scripture tells us to forgive, but this is difficult. We often believe forgiving lets the other person off the hook. This workshop defines forgiveness from a Biblical viewpoint and walks participants through the benefits of and practical steps to forgive.

*Led by: Cindy Currier*—Cindy has been a growing Christian since she was a young child and has been a psychotherapist for 12 years. She often focuses on forgiveness in therapy, speaking, and writing. She is the author of *Forgiveness: The Hero's*.

**Love is a Choice:** The world says that love is a feeling and comes and goes. The Bible treats love as a command. God gives it freely and tells us to love others. This workshop will help define love from a Biblical perspective and show how we can improve relationships through making loving choices.

*Led by: Katina King*—Katina speaks at revivals, church services, youth rallies, and women's events. She currently leads a Wednesday night service at Crosswalk Community Church in Williamsburg, VA and is a wife and mother of two precious boys who are homeschooled.

**Making More Time:** We are all crunched for time, and often experience stress and exhaustion due to the demands we have on our time. This workshop will show you how to utilize your time wisely, prioritize your time according to God's standards, and maybe even find a little extra time you didn't know existed.

*Led by: Tracy Wainwright*—Tracy is a writer and speaker who is passionate about sharing life experiences and encouraging spiritual growth through the written and spoken word, which she works in around her primary passions – her faith, her husband, and her four children, whom she homeschools.

**Financial Fitness:** Times are tough on many people's budgets. Even when things are difficult, why do some people continue to thrive? How should we cope with reducing budgets? This workshop will address these questions and provide helpful financial tools based on God's Word.

*Led by: Gail Barton*—Gail is a mother of three and world-travelling military wife. She serves on a Messianic Leadership Team and as a Davidic Dance Leader. At Liberty Baptist in Hampton, Gail serves as a coordinator for Perspectives on the World Christian Movement and Crown Financial Course Facilitator. As a Kingdom-minded believer, her passion is for God's glory to be known among the nations while preparing the Bride of Christ for His return!

**Everyday Witnessing:** "The 'E' Word" ... as in that fearful word... Evangelism! Fun, practical and interactive training in how to share your faith in 3 minutes or less. This workshop will help prepare participants to be able to give an answer to all who ask the reason for the hope they have.

*Led by: Robin Harnist*—Robin has a God-given evangelist's heart and passion to see people grow in their faith in Jesus. She serves as AWANA Director and is a Stonecroft Ministries Regional Speaker Trainer. She shares her past trials in the hope that her experiences, filtered through God's Word, will encourage and inspire others.

**God in the Details:** Details, details, details! They pull us in many different directions, but do we see God's plan of abundance in the details? This *eye-opening interactive* workshop will show participants how God has been, is, and will be interacting with them through the details of their lives: past, present, future.

*Led by: Debbie Mills*—a wife, mother of 3, and Nana of 5, is a Precept Ministries Bible teacher and StoneCrown Ministries Speaker. Her contagious love for Jesus is caught when she teaches God's Word or shares her humorous testimony about a troubled teen life and marriage leaving her malcontent and searching for happiness until she found the abundant life of true joy in the Lord despite life's many challenges.

**Solutions on Stress:** Women feel all-time high levels of stress in a world where we have more and more options and convenience. Stress negatively impacts us emotionally, physically, mentally, and spiritually. This workshop will help participants define stress sources, recognize stress effects, and learn six practical steps for managing stress.

*Led by: Annette Reeder*—Annette is the founder of Designed Healthy Living and author of several health books. Being a Biblical Nutrition Consultant allows her the blessings of seeing lives changed as people apply scripture to their physical, emotional and spiritual health, which she works around her greatest triumphs of being a wife, mother, and caretaker.



## Conference Schedule

### Friday, November 4

4:00—6:00 p.m.	Check In
4:00—6:00 p.m.	Vendor tables open
6:00—6:15 p.m.	Welcome*
6:15—7:00 p.m.	Worship
7:00—8:00 p.m.	Keynote Speaker I
8:15—9:15 p.m.	Break-out Session I
9:15—9:30 p.m.	Prayer Meetings

### Saturday, November 5

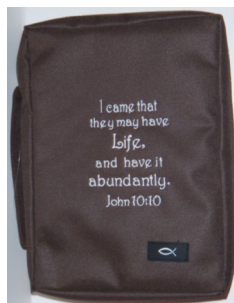
7:00—9:00 a.m.	Vendor tables open
8:15—8:45 a.m.	Prayer Sessions
9:00—10:00 a.m.	Break-out Session II
10:15—11:15 a.m.	Break-out Session III
11:15—12:45 p.m.	Lunch (included; on-site)
11:15—12:45 p.m.	Vendor tables open
12:45—1:15 p.m.	Worship
1:15—2:00 p.m.	Keynote Speaker II
2:00—2:15 p.m.	Worship/Invitation
2:30—3:30 p.m.	Break-out Session IV

\*Dinner is not included in the conference. There is, however, a restaurant in the hotel and several located in close proximity. When you check in, you will be provided with a list and map including several dining options.

Available for pre-order at discount prices:



Pre-order: \$10  
On-site: \$12



Pre-order: \$17  
On-site: \$19

### Keynote Speaker - Angie Williams



Angie Williams is a wife, mother of two sons, grandmother of three, and an ordained minister in Mennonite Church USA, who resides in Harrisonburg, VA and attends New Beginnings Church in Bridgewater. She accepted Jesus as her Savior at age 9 and has learned through many episodes of physical suffering and difficult times to completely depend on Him. Angie shares her journey and the lessons God has taught her through writing, drama, hospitality, and speaking. Her recent book, "Joy in Adversity," is an account of God's overcoming power in her own life, and is used as a study guide for persons who need encouragement and faith that God will walk with them through their adversity.

### Worship Leader - Debbie David



Debbie David was born in Newport News and grew up in Hampton. She received Christ as her Savior at the age of 14 and has been singing for the Lord ever since. She met her husband, Scott David, at Liberty Baptist Church, where they sang together in *Newfound Joy*. She is also a mom of three children, has a bachelor's degree in physical therapy, and works part-time. She currently lives in Manassas, VA, and serves alongside her husband at Emmanuel Baptist Church, where he is the Pastor of Worship Ministries.

